

LABOR & DELIVERY

Packing Checklist

- Important IDs (Photo ID, Insurance Card, Hospital Forms)
- Cell Phones, Chargers
- Birth Plan
- Glasses, Contact Solution
- Camera
- Car Seat
- Snacks
- Earbuds
- Hair Ties, Brush, Dry Shampoo
- Cozy Socks
- Granny Undies / Depends
- Nursing Bra
- Nursing Pads
- Nipple Cream
- Toiletries
- Jammies / Comfy Clothing
- Pillow
- Going Home Outfit (You)
- Going Home Outfit (Baby)
- Newborn Photographer Contact Info

